

# Grow Your Mind

## Books for Wellbeing Education



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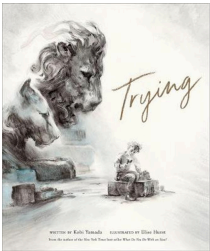



Stories provide life changing *inventions*! They show young and old examples of how to be resilient and to flourish. They show us among things: how to forgive, what a good or bad apology sounds like, what healthy and unhealthy friendships look like, how to get through grief, name our emotions and persevere.

The picture books here are for K-6! Invite older students to read to younger students

The chapter books are suggestions for Year 3-6.

## Picture books

Themes	Book
<p>Perseverance</p> <p>Hope</p>	<p>Trying - Kobi Yamada</p>  <p>This is a story for anyone who has ever felt like a beginner, or had doubts, or worried they weren't good enough. It's a story for those who have experienced the pain of trying something new and not having it turn out as they had hoped.</p> <hr/> <p>The Second Sky - Patrick Guest</p>  <p>The first thing Gilbert sees when he hatches from his egg is the sky. It is love at first sight and from that moment on Gilbert longs to fly like other birds. But</p>



Penguins don't fly, they waddle, and so begins Gilbert's quest to find his place in the world. Great things happen when you reach for the sky.

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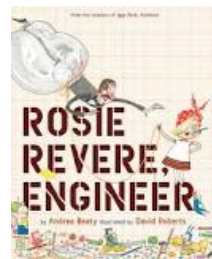
Bernard makes a splash- Lisa Stickley



A heartwarming story from textile designer and illustrator Lisa Stickley Bernard has been the manager of the local swimming pool for a long time, and practices his diving at night when no one else is around.

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Rosie Revere Engineer - Andrea Beaty



The beloved New York Times bestselling picture book about pursuing one's passion with persistence and learning to celebrate each failure on the road to achieving one's dreams.

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Flight School - Lita Judge



A persevering penguin is determined to fly in this adorably inspiring Classic Board Book from the creator of Red Hat and Red Sled. Although little Penguin has the soul of an eagle, his body wasn't built to soar. But Penguin has an irrepressible spirit, and he adamantly follows his dreams to flip, flap, fly!

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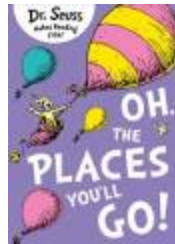
After the Fall - Dan Santat



An inspiring epilogue to the beloved nursery rhyme 'Humpty Dumpty', from the New York Times–bestselling and award-winning author and illustrator of THE ADVENTURES OF BEEKLE and ARE WE THERE YET? Everyone knows that when Humpty Dumpty sat on a wall, Humpty Dumpty had a great fall.

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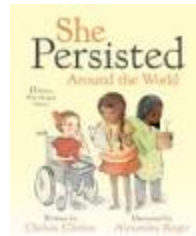
Oh the Places You'll go: Dr Seuss



Oh, the Places You'll Go! is a book written and illustrated by children's author Dr. Seuss. The book concerns the journey of life and its challenges.

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She persisted around the world: Chelsea Clinton

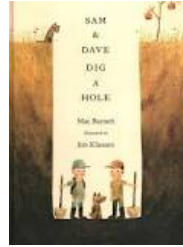


The companion to Chelsea Clinton & Alexandra Boiger's #1 New York Times bestseller, She Persisted. Perfect for tiny activists, mini feminists and little kids who are ready to take on the world. Now abridged as a board book for our youngest feminists and activists!

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Sam and Dave Dig a hole: Mac Barnett





Sam and Dave are on a mission. A mission to find something spectacular. So they dig a hole. And they keep digging. And they find . . . nothing. Yet the day turns out to be pretty spectacular after all.

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Amazing Grace: Mary Hoffman



Although a classmate says that she cannot play Peter Pan in the school play because she is black, Grace discovers that she can do anything she sets her mind to do.

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Malala's magic pencil: Malala Yousafzai



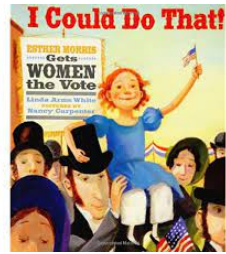
As a child in Pakistan, Malala made a wish for a magic pencil that she could use to redraw reality. She would use it to give gifts to her family, to erase the smell from the rubbish dump near her house, to sleep an extra hour in the morning.

As she grew older, Malala wished for bigger and bigger things.

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I Could Do That! Esther Morris Gets Women the Vote: Melanie Kroupa





"I could do that," says six-year-old Esther as she watches her mother making tea. Start her own business at the age of nineteen? Why, she could do that, too. But one thing Esther and other women could NOT do was vote. Only men could do that.

With lively text and humorous illustrations as full of spirit as Esther herself, this striking picture book biography shows how one girl's gumption propels her through a life filled with challenges until, in 1869, she wins the vote for women in Wyoming Territory – the first time ever in the United States!

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The glorious flight across the channel with Louis Bleriot: Alice and Martin Provensen



This book...recounts the persistence of a Frenchman, Louis Bleriot, to build a flying machine to cross the English Channel.

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Ruby's Wish: Shirin Yim



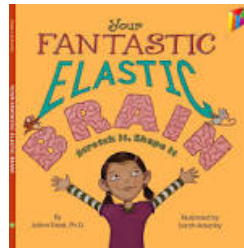
Ruby is unlike most little girls in old China. Instead of aspiring to get married, Ruby is determined to attend university when she grows up, just like the boys in her family.



Growth mindset

Grit

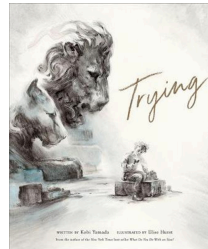
Your Fantastic Elastic Brain - JoAnn Deak



This innovative and timely picture book teaches children that they have the ability to stretch and grow their own brains. It also delivers the crucial message that mistakes are an essential part of learning. The book introduces children to the anatomy and various functions of the brain in a fun and engaging way.

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Trying - Kobi Yamada



This is a story for anyone who has ever felt like a beginner, or had doubts, or worried they weren't good enough. It's a story for those who have experienced the pain of trying something new and not having it turn out as they had hoped.

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What Do You Do With a Problem? - Kobi Yamada



"What do you do with a problem? Especially one that follows you around and doesn't seem to be going away? Do you worry about it? Ignore it? Do you run and hide from it? This is the story of a persistent problem and the child who isn't so sure what to make of it. The longer the problem is avoided, the bigger it seems to get. But when the child finally musters up the courage to face it, the problem turns out to be something quite different than it appeared.



This is a story for anyone, at any age, who has ever had a problem that they wished would go away. It's a story to inspire you to look closely at that problem and to find out why it's here. Because you might discover something amazing about your problem and yourself. What are problems for? They challenge us, shape us, push us, and help us to discover just how strong and brave and capable we really are. Even though we don't always want them, problems have a way of bringing unexpected gifts. So, what will you do with your problem?

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My Strong Mind - Niels van hove



Do you want to teach your children about Confidence, Resilience and a Growth Mindset? With My Strong Mind your children will be introduced to mental strength and learn about techniques to develop their own strong mind.

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All the ways to be smart: Davina Bell



Celebrates the myriad ways for kids to be smart--being empathic, artistic, athletic, and inquisitive. A tender, funny, and exquisitely illustrated picture book celebrating all the unique and wonderful qualities that make children who they are.

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The most Magnificent Thing - Ashley Spires





A little girl and her canine assistant set out to make the most magnificent thing. But after much hard work, the end result is not what the girl had in mind. Frustrated, she quits. Her assistant suggests a long walk, and as they walk, it slowly becomes clear what the girl needs to do to succeed.

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Izzy Gizmo - Pip Jones



Izabelle Gizmo just loves to invent, but her inventions never seem to work the way she wants them to. And that makes her really CROSS! When she finds a crow with a broken wing she just has to help. But will she be able to put her frustrations to one side and help her new friend to fly again?

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The book of Mistakes - Corinna Luyken



As one artist incorporates accidental splashes, spots, and misshapen things into her art, she transforms her piece in quirky and unexpected ways, taking readers on a journey through her process. Told in minimal, playful text, this story shows readers that even the biggest "mistakes" can be the source of the brightest ideas-and that,



at the end of the day, we are all works in progress, too.

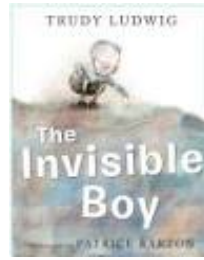
Kindness

Love

Empathy

Generosity

The Invisible Boy - Trudy Ludwig



A gentle story that teaches how small acts of kindness can help children feel included and allow them to flourish, from esteemed author and speaker Trudy Ludwig and acclaimed illustrator Patrice Barton. A simple act of kindness can transform an invisible boy into a friend.

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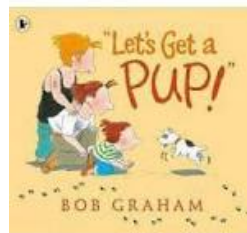
The Visitor - Antje Damm



A story about friendship and shyness, full of light and colour, that plays out in a mini theatre Elise was frightened-of spiders, people, even trees. So she never went out, night or day. One day a strange thing flies in through the window and lands at her feet. And then there comes a knock at the door.

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Let's get a pup - Bob Graham



At the Rescue Centre, there are dogs of all shapes and sizes. Kate knows which one she wants, though, the moment she sees him. He's small and he's cute and he gets all excited. To Kate, Dave is everything a dog could be. But then she sees Rosy.

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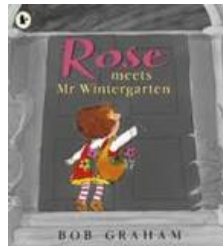
The Rabbit Listened - Cori Doerrfeld



A moving and universal picture book about empathy and kindness, sure to soothe heartaches big and small—now a New York Times bestseller. When something sad happens, Taylor doesn't know where to turn. All the animals are sure they have the answer. The chicken wants to talk it out, but Taylor doesn't feel like chatting.

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Rose meets Mr Wintergarten - Bob Graham



Rose discovers that the man next door, whom she has always considered an ogre, is actually a nice but lonely old man. Awarded the 1993 Children's Book Council of Australia Picture Book of the Year.

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Kind - Axel Scheffler

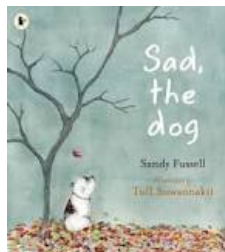


With gorgeous pictures by a host of top illustrators, KIND is an inspiring picture book about the many ways children can be kind, from sharing their toys and games to making those from other countries feel welcome.

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Sad the Dog - Sandy Fussell

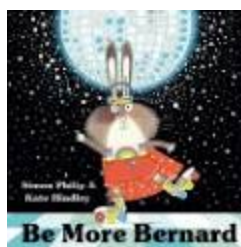




Mr and Mrs Cripps feed their dog, wash him, and even clean inside his ears. But they don't give him a name. So the dog names himself Sad. What will it take to make Sad, the dog, happy?

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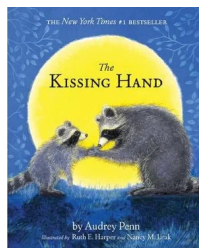
Be more Bernard - Kate Hindley



Be More Bernard is the brilliant story of a disco bunny who will encourage us all to chase our dreams and embrace our differences. When the other bunnies bounced, I bounced. When they hopped, I hopped. When they slept, I did too. Like them, I dreamed.

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The Kissing Hand - Audrey Penn



School is starting in the forest, but Chester Raccoon does not want to go. To help ease Chester's fears, Mrs. Raccoon shares a family secret called the Kissing Hand to give him the reassurance of her love any time his world feels a little scary.

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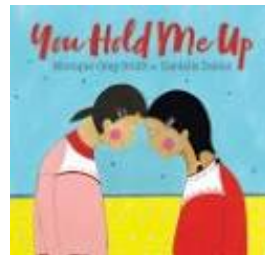
Extra Yarn - Mac Barnett





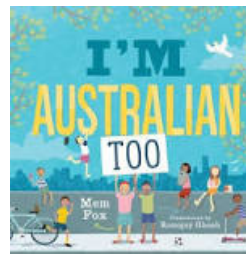
Extra Yarn by Mac Barnett reads like an old school fairy tale or legend. A magical story spun with quirkiness and quiet humor. Annabelle finds some extra yarn in a box, so she knits, knits, and knits sweaters and more for everyone in and around her town.

You hold me up - Monique Gray



This vibrant picture book, beautifully illustrated by celebrated artist Danielle Daniel, encourages children to show love and support for each other and to consider each other's well-being in their everyday actions.

I'm Australian Too: Mem Fox



From beloved Australian author Mem Fox comes a timely picture book about how all of our lives are enriched by the vibrant cultural diversity immigrants bring to their new communities. What journeys we have travelled, from countries near and far! Together now, we live in peace, beneath the Southern Star.

We're all Wonders: R.J Palacio

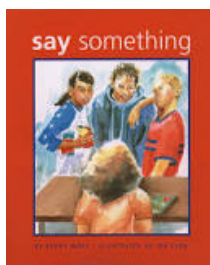




I know I can't change the way I look. But maybe, just maybe, people can change the way they see . . .Wonder is the unforgettable story of August Pullman, an ordinary boy with an extraordinary face.

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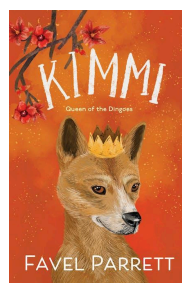
Say something: Peggy Moss



The girl in this story sees it happening, but she would never do these mean things herself. Then one day something happens that shows her that being a silent bystander isn't enough. Will she take some steps on her own to help another kid? Could it be as simple as sitting on the bus with the girl no one has befriended (and discovering that she has a great sense of humor)?

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Kimmi. Queen of the dingoes: Favel Parrett



A tale of incredible courage and survival, this is the true story of Kimmi, Queen of the Dingoes, told with passion and heart by one of Australia's most beloved storytellers and dingo advocates. The relationship between Kimmi's mother and aunt is inspiring as is Kimmi's story.



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Just kidding: Trudy Ludwig



A rare look at emotional bullying among boys from the best-selling author of My Secret Bully. D.J.'s friend Vince has a habit of teasing D.J. and then saying, "Just kidding!" as if it will make everything okay. It doesn't, but D.J. is afraid that if he protests, his friends will think he can't take a joke.

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Strictly no elephants: Lisa Mantchev



When the local Pet Club won't admit a boy's tiny pet elephant, he finds a solution—one that involves all kinds of unusual animals in this sweet and adorable picture book.

Today is Pet Club day. There will be cats and dogs and fish, but strictly no elephants are allowed. The Pet Club doesn't understand that pets come in all shapes and sizes, just like friends. Now it is time for a boy and his tiny pet elephant to show them what it means to be a true friend.

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A hat for Mrs Goldman: Michelle Edwards

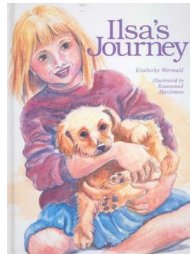




This heartwarming winter story is perfect for those who love to knit and parents looking to teach their children about the importance of doing good for others! Mrs. Goldman always knits hats for everyone in the neighborhood, and Sophia, who thinks knitting is too hard, helps by making the pom-poms.

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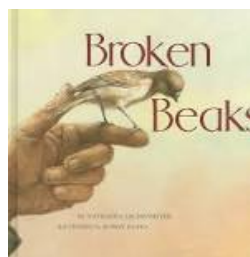
Ilsa's Journey: Kim Wormald



Alyssa and Ilsa are best friends but Ilsa is a guide dog puppy so there are many things for her to learn. Ilsa's Journey is a moving story about the relationship between a young girl and the puppy that she helps to raise. Ilsa's Journey is based on the author's own experience of raising a guide dog puppy.

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Broken Beaks: Nathaniel Lachenmeyer

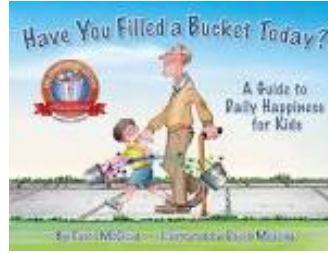


Picture storybook for primary school-aged children about the friendship between a sparrow and a homeless man. Highlights the courage and dignity of people with mental illness using the metaphor of broken beaks to explain disabilities.

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Have you filled a bucket today? Carol McCloud





"Children are not the only ones that need to learn how to be truly happy. It's all in the bucket, that invisible bucket that follows you everywhere... teaches young readers valuable lessons about giving, sharing, and caring. This guide to daily happiness, though, is not just for kids.

Compassion +  
Self-compassion

The Good Egg - Jory John



From the bestselling creators of *The Bad Seed*, a timely story about not having to be Grade A perfect! Meet the good egg. He's a verrrrrry good egg indeed. But trying to be so good is hard when everyone else is plain ol' rotten. As the other eggs in the dozen behave badly, the good egg starts to crack from all the pressure of feeling like he has to be perfect. So, he decides enough is enough! It's time for him to make a change... Dynamic duo Jory John and Pete Oswald hatch a funny and charming story that reminds us of the importance of balance, self-care, and accepting those who we love (even if they are sometimes a bit rotten).

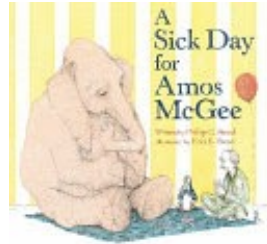
The Boy, the mole, the horse and the fox - Charlie Mackesy



The Boy, The Mole, The Fox And The Horse is a 2019 bestselling illustrated book by Charlie Mackesy. It follows the developing friendship between the four protagonists of the title.



A sick day for Amos McGee: Philip Stead



A Sick Day for Amos McGee is a 2011 children's picture book written by Philip C. Stead and illustrated by Erin E. Stead. The book depicts a zookeeper who has bonded with the animals he cares for and who come and visit him one day when he gets sick.

Wilfrid Gordon McDonald Partridge: Mem Fox



Wilfrid Gordon McDonald Partridge is a 1984 Children's picture book by Mem Fox. It is about a boy, Wilfrid, who helps an elderly friend, Nancy, to regain some of her memory.

Human Rights  
Justice

Finding Our Heart: A Story about the Uluru Statement for Young Australians.  
Thomas Mayor

Dreams of Freedom - Amnesty International

Speak Up - Miranda Paul

We Are All Born Free - The Universal Declaration of Human Rights

I'm Australian Too: Mem Fox



<p>Bravery</p> <p>Courage</p>	<p>Bernard makes a splash - Lisa Stickley</p> <p>Wonder - R.J Palacio</p>
<p>Love of Learning</p> <p>Curiosity</p> <p>Creativity</p>	<p>Miss Mink: Life lessons for a cat countess - Janet Hill</p> <p>Zen Shorts - Jon J Muth</p> <p>Big Ideas for Curious Minds, an introduction to philosophy</p> <p>On a beam of light, a story of Albert Einstein - Jennifer Berne</p> <p>Smart about Sharks, Owen Davey</p> <p>Obsessive about Octopuses, Owen Davey</p> <p>Fanatical about Frogs, Owen Davey</p> <p>You might find yourself - Tai Snaith</p> <p>What do you do with an idea? Kobi Yamada</p>
<p>Emotional Literacy</p> <p>Social Intelligence</p> <p>Self-regulation</p> <p>Flexibility</p>	<p>Mr Huff - Ana Walker</p> <p>What's up Mummu - David Mackintosh</p> <p>In my heart - Jo Witek</p> <p>Mad Magpie - Gregg Dreise</p> <p>Tough Guys Have Feelings Too - Keith Negly</p> <p>Sad, the dog - Sandy Fussell</p> <p>Hey Warrior - Karen Young</p>



Tough Guys have feelings too: Keith Negley

Today I feel silly and other moods that make my day: Jamie Lee Curtis

Inside my heart and in my head feelings: Richard Jones

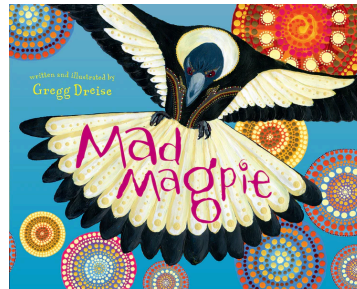
Nicho Draws a Feeling: Bob Raczka

The Arrival: Shaun Tan

My mouth is a volcano: Julia Cook

How are you peeling? Food with Moods - Saxton Freymann

Mad Magpie - Gregg Dreise



Mad Magpie tells the story of Guluu, an angry magpie who is being teased by a gang of butcher birds. The more he is teased, the angrier he becomes. When Guluu seeks advice, his Elders tell him to stay calm like the river, ignore the butcher birds and to be strong on the inside.

Guluu tries this, but the cheeky birds just laugh at him. One day, when Guluu is at the river looking for worms, the butcher birds arrive and steal his food. He remembers the words of his Elders and he tries again – and this time Guluu has a different outcome.



<p>Collaboration</p> <p>Teamwork</p> <p>Helpfulness</p> <p>Benefit mindset</p>	<p>Bernard makes a splash - Lisa Stickley</p> <p>Miss Mink: Life Lessons for a cat countess - Janet Hill</p> <p>Sofia Valdez, Future Prez - Andrea Beaty</p> <p>Stone Soup - Marcia Brown</p> <p>There's a rang-a-tang in my bedroom - James Sellick</p> <p>How to make a better world - Keilly Surf</p> <p>Whale in a fishbowl - Troy Howell</p>
<p>Friendship</p> <p>Respect</p> <p>Tolerance</p> <p>Forgiveness</p>	<p>Imaginary Fred - Oliver Jeffers</p> <p>Silly Birds - Gregg Dreise</p> <p>Respect - Aunty Fay Muir</p> <p>Dave the lonely monster - Anna Kemp</p> <p>Same, but little bit different - Kylie Dunstan</p> <p>The Boy, the mole, the horse and the fox - Charlie Mackesy</p> <p>What's up Mummu - David Mackintosh</p> <p>Alfie's Big Wish - David Hardy</p> <p>The adventures of Beekle - Dan Santat</p> <p>The Treasure Box - Margaret Wild</p> <p>Sad the Dog - Sandy Fussell</p> <p>The Visitor - Antje Damm</p> <p>The Invisible Boy - Trudy Ludwig</p> <p>Lottie and Walter - Ana Walker</p> <p>Anna and Otis - Maisie Paradise Shearring.</p> <p>Strictly no elephants - Lisa Mantchev</p>



Over the Rooftops, Under the Moon - JonArno Lawson

Max and the Magic Word: Jacqui Hawkins

Molly and Mae: A Friendship Journey - Danny Parker

Whoever you are: Mem Fox

Do unto otters: Laurie Keller

This is our house: Michael Rosen

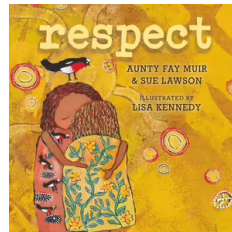
The Recess Queen: Alexis O'Neill

What if everybody did that? Ellen Javernick

The Sneetches: Dr Seuss

The golden rule: Ilene Cooper

Respect - Written by Fay Stewart-Muir and Sue Lawson  
Illustrated by Lisa Kennedy



“Respect” Teaches us about the important role respect plays in  
Aboriginal and Torres Strait Islander culture

Teacher notes by Magabala books

[https://www.dropbox.com/s/oiefepxqi4pn2hg/Respect\\_Teacher\\_Notes.p  
df?dl=0](https://www.dropbox.com/s/oiefepxqi4pn2hg/Respect_Teacher_Notes.pdf?dl=0)



<p>Gratitude</p> <p>Hope</p> <p>Appreciation of beauty and excellence</p>	<p>The Boy, the mole, the horse and the fox - Charlie Mackesy</p> <p>Three - Stephen King</p> <p>Wise Words for a dog governess - Janet Hill</p> <p>Hope is the thing - Johanna Bell</p> <p>You might find yourself - Tai Snaith</p> <p>Treasure Box - Margaret Wild</p> <p>Short and Happy Life of Riley - Colin Thompson</p> <p>Life lessons from a count countess - Janet Hill</p> <p>Last Stop on Market Street - Matt De La Pena</p>
<p>Mindfulness</p>	<p>Last Stop on Market Street - Matt De La Pena</p> <p>Slow down World - Tai Snaith</p>
<p>Bravery/courage</p> <p>Leadership</p>	<p>Trying - Kobi Yamada</p> <p>The Secret of Black Rock - Joe Todd Stanton</p> <p>The Lion Inside - Rachel Bright</p> <p>The Koala Who Could - Rachel Bright</p> <p>After the Fall - Dan Santat</p> <p>Girl on the wire - Lucy Estela</p> <p>Bernard makes a splash - Lisa Stickley</p> <p>The second sky - Patrick Guest</p> <p>Hey Awesome - Karen Young</p> <p>Lottie and Walter - Anna Walker</p> <p>Hey Warrior - Karen Young</p> <p>The terrible Plop: Ursula Dubosarsky</p> <p>Clancy the Courageous Cow: Lachie Hume</p>



	<p>Sparrow Girl: Sara Pennypacker</p> <p>Malala's magic pencil: Malala Yousafzai</p> <p>A little election: Danny Katz</p> <p>The Little Refugee - Anh Do</p>
Humour	<p>The Good Egg - Jory John</p> <p>The Bad Seed - Jory John</p> <p>The day the crayons quit - Oliver Jeffers</p> <p>My teacher is a monster - Peter Brown</p> <p>Mr Tiger Went Wild - Peter Brown</p> <p>More and More Rabbits - Nicholas Allan</p> <p>The great eggscape - Jory John</p> <p>The book with no pictures - R.J. Norvak</p> <p>Piranhas Don't Eat Bananas - Aaron Blabey</p> <p>Going to the Footy - Debbie Coombes</p>
Life lessons Positive mental health strategies	<p>The Boy, the mole, the horse and the fox - Charlie Mackesy</p> <p>The Golden Rule - Ilene Cooper</p> <p>Zen Shorts - Jon J Muth</p> <p>The paper bag princess - Robert Munsch</p> <p>Here we are - Oliver Jeffers</p> <p>The missing piece - Shel Silverstein</p> <p>Life lessons for a cat countess - Janet Hill</p> <p>You might find yourself - Tai Snaith</p> <p>Miss Moon: Wise Words from a dog governess</p>



<p>Gender equality  <a href="#">(GYM program users see podcast recommended reading list)</a></p>	<p>Power to Princess, 15 favourite fairy tales retold with girl power - Vita Murrow</p> <p>Good Night Stories for Rebel Girls Vol 1 and 2</p> <p>Good Night Stories for Rebel Girls, 100 immigrant women who changed the world</p> <p>Zog and the Flying Doctors - Julia Donaldson</p> <p>My Shadow Wears Pink - Scott Stuart</p> <p>Be Your Own Man - Jessica Sanders</p> <p>Stories for boys that dare to be different</p> <p>The Good Guys - Bob Kemp</p> <p>Ada Twist Scientist - Andrea Beaty</p> <p>The Paper Bag Princess - Robert Munsch</p> <p>Rosie Revere Engineer - Andrea Beaty</p> <p>Pink is for boys - Robb Pearlman</p>
<p>Optimism</p>	<p>Penguin Problems: Jory John and Lane Smith</p> <p>The Terrible Suitcase: Emma Allen</p> <p>Good People Everywhere: Lynea Gillen</p> <p>Fortunately!: Remy Charlip</p> <p>We're all wonders: R.J Palacio</p>
<p>Honesty</p>	<p>Young Dark Emu - Bruce Pascoe</p> <p>That's mine, Horace: Holly Keller</p> <p>David Gets in Trouble: David Shannon</p> <p>Cunning Crow - Gregg Dreise</p> <p>The Great White Man-Eating Shark: Margaret Mahey</p>
<p>Patience</p>	<p>The Watcher, Jane Goodall's Life with the chimps - Jeanne Winter</p>



	If You Want to See a Whale, Julie Fogliano
Grief + loss <a href="#">(DFT users see podcast recommended reading list)</a>	<p>Lifetimes - Bryan Mellonie</p> <p>The tiny star - Mem Fox</p> <p>The invisible string - Patrice Karst</p> <p>The Memory Tree - Britta Teckentrup</p> <p>Goodnight Mog - Judith Kerr</p> <p>Sad Book - Michael Rosen</p> <p>Love you forever - Robert Munsch</p>
Anxiety	<p>The Underwater fancy dress parade: Davina Bell</p> <p>Little Mouse's big book of fears: Emily Gravett</p> <p>Hey Warrior: Karen Young</p> <p>All birds have anxiety: Kathy Hoopman</p>
Environment <a href="#">(DFT users see podcast recommended reading list)</a>	<p>The Giving Tree - Shel Silverstein</p> <p>The Little Corroboree Frog - Tracey Holton-Ramirez</p> <p>Tilly's Reef Adventure: Rhonda N Garward</p> <p>Tree, a little story about big things: Danny Parker</p> <p>The Lorax: Dr Seuss</p> <p>Bag in the wind</p>



## Year 3 - 6 Chapter Books

Theme	Chapter Book
<p>Friendship, Resilience, Growth Mindset, Conflict resolution, digital safety, kindness, emotional regulation, decision-makin g, anxiety, character strengths, gratitude</p>	<div data-bbox="695 436 1052 892" data-label="Image"> </div> <p><a href="#">We have a book!</a> And it encompasses everything about Grow Your Mind. Each chapter poses a question that we attempt to answer with brain facts, true stories, comics and research. Loads of supporting resources on our platform and available via our website. This is an irreverent guide to life for 8 to 13-year-olds.</p>
<p>Being of Benefit  Helpfulness  Compassion  Kindness</p>	<p>The Wild Robot - Peter Brown</p> <div data-bbox="852 1197 1031 1449" data-label="Image"> </div> <p>Wall-E meets Hatchet in this New York Times bestselling illustrated middle grade novel from Caldecott Honor winner Peter Brown Can a robot survive in the wilderness? When robot Roz opens her eyes for the first time, she discovers that she is all alone on a remote, wild island.</p> <hr/> <p>The Wild Robot Escapes - Peter Brown</p>





The sequel to the bestselling *The Wild Robot*, by award-winning author Peter Brown Shipwrecked on a remote, wild island, Robot Roz learned from the unwelcoming animal inhabitants and adapted to her surroundings--but can she survive the challenges of the civilized world and find her way home to Brightbill and the island?

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#### Wonder - R.J. Palacio



*Wonder* is a children's novel by Raquel Jaramillo, under the pen name of R. J. Palacio, published on 14 February 2012. R. J. Palacio wrote *Wonder* after an incident where her son noticed a girl with a severe facial difference and started to cry.

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#### Blueback - Tim Winton



*Blueback* is an achingly beautiful story about family, belonging, and living a life in tune with the environment.



Friendship

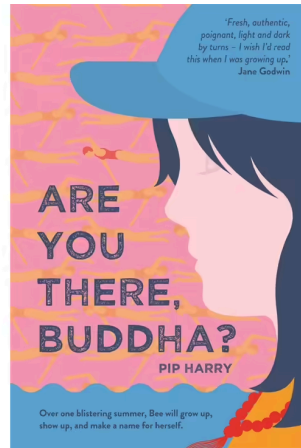
Respectful Relationships

Compassion

Loyalty

Justice

### Are you there Buddha?: Pip Harry



Bridget 'Bee' Ballentine is 12 and starting her first year of high school in the beach suburb Crescent Bay.

Still reeling from the departure of her mother for an ashram in India, Bee talks to Buddha and begs for her first period not to arrive. She's not ready to become a woman yet, whatever that means.

Although Bee's yet to find her tribe at school, her best friend forever is surfer Leon McKay, also known as the hottest boy in Year Eight. As long as Leon has her back, Bee can survive the mean girls, her meddling step-mum, Kath, and her swimming nemesis, The Piranha.

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The Little Wave: Pip Harry





When a Manly school sets out to bring a country class to the city for a beach visit, three very different kids find each other and themselves.

Noah is fearless in the surf. Being at the beach makes him feel free. So where does his courage go when his best mate pushes him around?

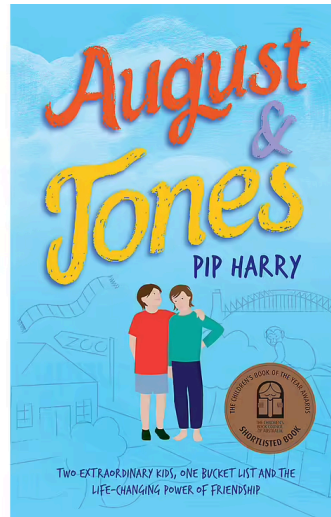
Lottie loves collecting facts about bugs, but she wishes her dad would stop filling their lonely house with junk. She doesn't know what to do about it.

Jack wants to be a cricket star, but first he has to get to school and look after his little sister. This is especially important if he wants to go on the class trip and see the ocean for the first time.

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August and Jones: Pip Harry





Eleven-year-old **Jones Kirby** has just moved to Sydney from her farm in country New South Wales. She misses her alpacas and wide-open paddocks and can't get used to her family's tiny city apartment. She's also worried that her vision is blurry—she lost her eye to cancer as a toddler. Could it be another tumour?

Enrolling at her new school, Jones meets shy, awkward **August Genting**. He loves fun facts, the library and knitting as much as Jones loves rock climbing and being outdoors. Who would have thought they'd become fast friends?

At home, August's parents are fighting. And for Jones, the news from the doctor is not good. The pair hatch a brilliant plan to cheer themselves up: the *August and Jones Must-See Bucket List*. Together, this brave duo will set out to meet a rare monkey, run across the Harbour Bridge and even climb Australia's highest mountain.

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We Are Wolves - Katrina Nannestad





Sometimes you have to be wild.

When the Russian Army marches into East Prussia at the end of the war, the Wolf family must flee. Liesl, Otto and their baby sister Mia find themselves lost and alone, in a blizzard, in the middle of a war zone. Liesl has promised Mama that she will keep her brother and sister safe.

But sometimes, to survive, you have to do bad things. Dangerous things. Wild things.

Sometimes to survive, you must become a wolf.

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All the beautiful things - Katrina Nannestad



The Nazis want everyone to be the same. If you're different, you don't belong.

Not belonging is dangerous ...

Anna's little sister, Eva, is frail and needs time to learn new things. She has a huge heart and a gift for loving, but Hitler doesn't value such riches. And so she's hidden away. Safe for now, but with the threat of discovery always near.

Anna does her best to bring joy and light to Eva's small life. But soon, more children need hiding. Risks are taken -- by Anna, by her best friend Udo, by a

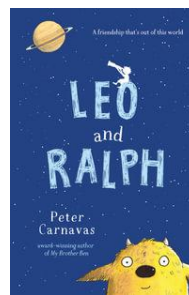


Nazi seamstress and feisty Brunhilde. Until Anna wonders if any of them will make it through the war ...

Loyalty and love. Family and friendship. Understanding and tolerance. Right and wrong. Multi-award-winning Australian author Katrina Nannestad explores it all in this thrilling and powerful historical novel.

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### Leo and Ralph - Peter Carnavas



Leo and Ralph is a gentle book about friendship and growing up, about finding yourself and embracing your interests and the changes that we have to make in our lives as we grow up. For Leo, this means letting go of his imaginary friend, Ralph to make new friends – real friends. But Leo has tried – the kids in his class only spend time with him because they have to, and they're uninterested in what he is interested in – at times, it seemed they didn't want to try and find something in common. That is, until he meets Gus and helps him find his soccer ball.

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### Holes - Louis Sachar



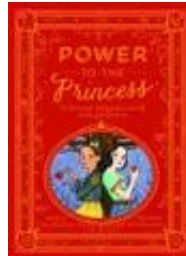
Holes is a 1998 young adult novel written by Louis Sachar and first published by Farrar, Straus and Giroux. The book centers on an unlucky teenage boy named



Stanley Yelnats, who is sent to Camp Green Lake, a juvenile detention center in a desert in Texas, after being falsely accused of theft.

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Power to Princess, 15 favourite fairy tales retold with girl power - Vita Murrow



What if princesses didn't always marry Prince Charming and live happily ever after? In this stunning anthology—elegantly presented in a red, clothbound hard cover with gold-toned metallic debossing—15 favorite fairytales have been retold for a new generation.

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Once Series - Morris Gleitzman



Once is a 2005 children's novel by Australian author Morris Gleitzman. It is about a Jewish boy named Felix who lived in Poland and is on a quest to find his book-keeper parents after he sees Nazis burning the books from a Catholic orphanage in which he had stayed for 3 years and 8 months.

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DOG - Andy Mulligan



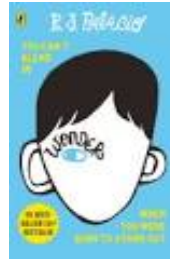
When Tom gets a puppy called Spider, it changes both their lives. Tom finally has a special friend all of his own - which is just what he needs as he struggles with a difficult new school and trouble at home. And Spider has someone to love him.



But the course of their love does not run entirely smoothly, as they embark on a gruelling journey of separation and reunion.

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### Wonder - R.J. Palacio



Wonder is a children's novel by Raquel Jaramillo, under the pen name of R. J. Palacio, published on 14 February 2012. R. J. Palacio wrote Wonder after an incident where her son noticed a girl with a severe facial difference and started to cry.

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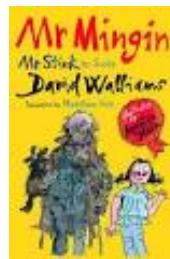
### Pax - Sara Pennypacker



A moving story of the extraordinary friendship between a boy and his fox, and their epic journey to be reunited. Beautifully illustrated by multi-award winner, Jon Klassen. Pax was only a kit when his family was killed and he was rescued by 'his boy', Peter.

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### Mr Stink - David Walliams



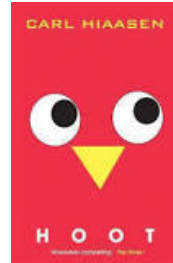
It all starts when Chloe makes friends with Mr Stink, the local tramp. Yes, he smells a bit. But when it looks like he might be driven out of town, Chloe decides to hide him in the garden shed.



Now Chloe's got to make sure no one finds out her secret. And speaking of secrets, there just might be more to Mr Stink than meets the eye... or the nose.

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### Hoot - Carl Hiassen



Hoot is a 2002 mystery/suspense novel, recommended for ages 9–12, by Carl Hiassen. The setting takes place in Florida, where new arrival Roy makes two oddball friends and a bad enemy, and joins an effort to stop construction of a pancake house which would destroy a colony of burrowing owls who live on the site.

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### Harry Potter and the Chamber of Secrets: J.K Rowling



Ever since Harry Potter had come home for the summer, the Dursleys had been so mean and hideous that all Harry wanted was to get back to the Hogwarts School for Witchcraft and Wizardry. But just as he's packing his bags, Harry receives a warning from a strange impish creature who says that if Harry returns to Hogwarts, disaster will strike.

And strike it does. For in Harry's second year at Hogwarts, fresh torments and horrors arise, including an outrageously stuck-up new professor and a spirit who haunts the girls' bathroom. But then the real trouble begins – someone is turning Hogwarts students to stone. Could it be Draco Malfoy, a more poisonous rival than ever? Could it possible be Hagrid, whose mysterious past is finally told? Or could it be the one everyone at Hogwarts most suspects... Harry Potter himself!

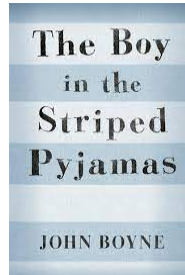
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### The Lion, the Witch and the Wardrobe: C.S Lewis



	 <p>Four adventurous siblings Peter, Susan, Edmund, and Lucy Pevensie step through a wardrobe door and into the land of Narnia, a land frozen in eternal winter and enslaved by the power of the White Witch. But when almost all hope is lost, the return of the Great Lion, Aslan, signals a great change . . . and a great sacrifice.</p>
<p>Depression</p>	<p>The Elephant - Peter Carnavas</p>  <p>'A beautiful book - not just heartwarming but heart healing' Chris Riddella big grey elephant is following Olive's father around. It leaves with him for work and trails behind him when he comes home, keeping him heavy and sad.</p>
<p>Grief</p>	<p>The Elephant: Peter Carnavas</p>  <p>'A beautiful book - not just heartwarming but heart healing' Chris Riddella big grey elephant is following Olive's father around. It leaves with him for work and trails behind him when he comes home, keeping him heavy and sad.</p> <hr/> <p>The Boy in the Striped Pyjamas - John Boyne</p>



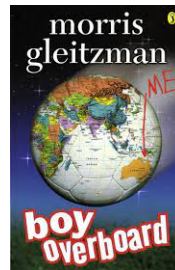


The story of The Boy in the Striped Pyjamas is very difficult to describe. Usually we give some clues about the book on the cover, but in this case we think that would spoil the reading of the book. We think it is important that you start to read without knowing what it is about.

If you do start to read this book, you will go on a journey with a nine-year-old boy called Bruno. And sooner or later you will arrive with Bruno at a fence. We hope you never have to cross such a fence.

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Boy overboard - Morris Gleitzman



Jamal dreams of playing soccer in the World Cup even though he lives in a country where children are not allowed to play the game.

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Out of My Mind - Sharon Draper



Melody is not like most people. She cannot walk or talk, but she has a photographic memory; she can remember every detail of everything she has ever experienced. She is smarter than most of the adults who try to diagnose her and smarter than her classmates in her integrated classroom - the very same classmates who dismiss her as mentally challenged because she cannot tell them otherwise. But Melody refuses to be defined by cerebral palsy. And she's determined to let everyone know it - somehow.

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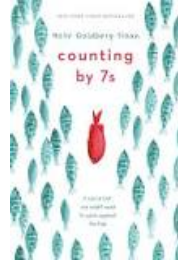


	<p style="text-align: center;">Once Series - Morris Gleitzman</p> <p style="text-align: center;">Once is a 2005 children's novel by Australian author Morris Gleitzman. It is about a Jewish boy named Felix who lived in Poland and is on a quest to find his book-keeper parents after he sees Nazis burning the books from a Catholic orphanage in which had stayed at for 3 years and 8 months.</p>
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<p>Diversity</p> <p>Creativity</p> <p>Love</p>	<p style="text-align: center;">Two weeks with the Queen - Morris Gleitzman</p> <p style="text-align: center;">Two Weeks with the Queen is a 1990 novel by Australian author Morris Gleitzman. It focuses on a boy named Colin Mudford, who is sent to live with relatives in England, while his brother is being treated for cancer.</p> <hr/> <p style="text-align: center;">The Boy At the Back of the Class -Onjali Q. Rauf</p> <p style="text-align: center;">Told with heart and humour, The Boy at the Back of the Class is a child's perspective on the refugee crisis, highlighting the importance of friendship and kindness in a world that doesn't always make sense. There used to be an empty chair at the back of my class, but now a new boy called Ahmet is sitting in it.</p> <hr/>
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Counting by 7s - Holly Goldberg Sloan



In the tradition of *Wonder* and *To Kill a Mockingbird* this award-winning New York Times bestseller is an intensely moving, lyrically-written novel. *Counting by 7s* tells the story of Willow Chance, a twelve-year-old genius who is obsessed with diagnosing medical conditions and finds comfort in counting by 7s.

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Mockingbird - Kathryn Erskine



In Caitlin's world, everything is black or white. Things are good or bad. Anything in between is confusing. That's the stuff Caitlin's older brother, Devon, has always explained. But now Devon's dead and Dad is no help at all. Caitlin wants to get over it, but as an eleven-year-old girl with Asperger's, she doesn't know how. When she reads the definition of closure, she realizes that is what she needs. In her search for it, Caitlin discovers that not everything is black and white. The world is full of colours, messy and beautiful.

Kathryn Erskine has written a must-read gem, one of the most moving novels of the year.

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Blueback - Tim Winton





A stunning tale about a boy who matures through fortitude and finds wisdom by living in harmony with all forms of life.

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Penguin Bloom - Cameron Bloom

# Penguin Bloom

The odd little bird who saved a family



An extraordinary true story of recovery, hope and courage as one injured bird and her human family learn to heal and celebrate life. Largely thanks to the love of a magpie called Penguin

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Exit through the gift shop: Maryam Master



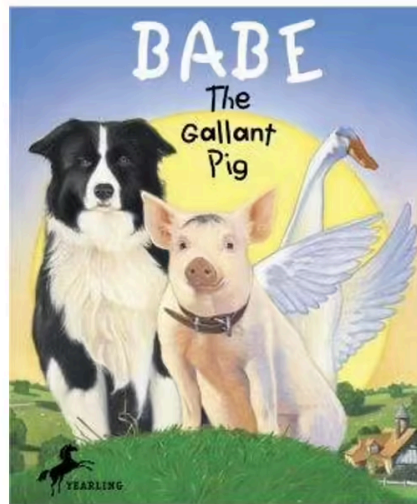
Anahita Rosalind Ghorban-Galaszczuk (yes, that really is her name but you can call her Ana) is discovering that life is absurd. As if dying of cancer at the age of 12.5 isn't bad enough, she still has to endure daily insults from her nemesis, Alyssa (Queen Mean) Anderson. Ana's on a wild roller-coaster of life and death, kindness and cruelty, ordinary and extraordinary. And she's got a few things to do before she exits . .

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Babe: Dick King-Smith



DICK KING-SMITH




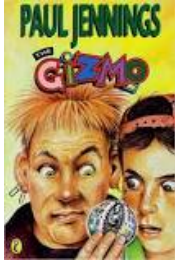
ILLUSTRATED BY MARY RAYNER

When Babe arrives at Hogget Farm, Mrs. Hogget's thoughts turn to sizzling bacon and juicy pork chops. But before long, Babe reveals a talent no one could have expected: he can handle Farmer Hogget's stubborn flock better than any sheepdog ever could! When Farmer Hogget enters Babe in the Grand Challenge Sheepdog Trials, everyone, including his wife, thinks he is a fool. But he believes in Babe. Now it's just up to Babe to convince everyone else to believe in a sheep-pig!


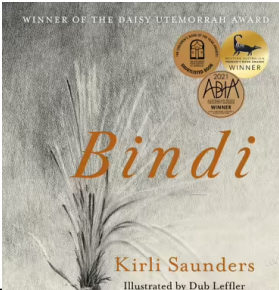
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Rabbit, Soldier, Angel, Thief: Katrina Nannestad



	 <p data-bbox="516 783 1365 940">From the award-winning author of <i>We Are Wolves</i> comes the story of a young boy who becomes a soldier at six, fighting in the only way he can - with love. But is love ever enough when the world is at war?</p>
<p data-bbox="204 1136 342 1171">Honesty</p>	<p data-bbox="808 1100 1110 1129">The Gizmo: Paul Jennings</p>  <p data-bbox="509 1409 1373 1581">Stephen's bra is starting to slip. His pantyhose are sagging. His knickers keep falling down. Oh, the shame of it. He stole a gizmo-and now it's paying him back. Another crazy yarn from Australia's master of madness. The Paul Jennings phenomenon began with the publication of <i>Unrealin</i> 1985.</p>
<p data-bbox="204 1654 423 1690">Perseverance</p>	<p data-bbox="743 1619 1179 1648">We Are Wolves - Katrina Nannestad</p> <p data-bbox="834 1692 1088 1722">Matilda - Roald Dahl</p> <p data-bbox="761 1757 1159 1787">Fish in a tree - Linda Mullay Hunt</p>



	<p>Percy Jackson And The Lightning Thief - Rick Riordan</p> <p>Once/Now/Then/If series by Morris Gleitzman</p> <p>Boy overboard - Morris Gleitzman</p> <p>Running shoes: Jason Gaillard</p> <p>A long walk to water: Linda Sue Park</p> <p>I am Malala: Malala Yousafzai</p> <p>True Spirit, Jessica Watson: Jessica Watson</p>
<p>Respect</p>	<p>Blueback - Tim Winton</p>  <p>Blueback is an achingly beautiful story about family, belonging, and living a life in tune with the environment, from Tim Winton, one of Australia's best-loved authors.</p> <p>Loser – Jerry Spinelli</p> <p>Because of Mr Terupt: Rob Buyea</p>
<p>Spirituality</p>	<p>Title: <i>Bindi</i></p> <p>Author: Kirli Saunders</p> <p>Illustrator: Dub Leffler</p>  <p>Meet 11-year-old Bindi. maths but LOVES art</p> <p>She's not really into class and playing</p>



hockey. Her absolute FAVOURITE thing is adventuring outside with friends or her horse, Nell.

A new year starts like normal—school, family, hockey, dancing. But this year hasn't gone to plan! There's a big art assignment, a drought, a broken wrist AND the biggest bushfires her town has ever seen!

Bindi is a verse novel for mid-upper primary students. Written 'for those who plant trees', Bindi explores climate, bushfires, and healing. Written from the point of view of 11-year-old, Bindi and her friends on Gundungurra Country.

